



12 BLACK PEARLS  
OF WISDOM FROM AFRICA  
& THE CARIBBEAN

NORA  KAFOR  
LAGOS · SAN FRANCISCO

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KNOWLEDGE

IGNORANCE DOESN'T KILL  
YOU, BUT IT DOES MAKE  
YOU SWEAT A LOT.

GRENADIAN

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FAITH

ANTICIPATE THE GOOD SO  
THAT YOU MAY ENJOY IT.

ETHIOPIAN

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GENEROSITY

BEFORE YOU MARRY  
KEEP BOTH EYES OPEN;  
AFTER MARRIAGE SHUT  
ONE.

JAMAICAN

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UNITY

STICKS IN A BUNDLE ARE  
UNBREAKABLE.

KENYAN

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PURPOSE

LITTLE BY LITTLE THE  
BIRD MAKES ITS NEST.

HAITIAN

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NETWORKING

A SINGLE BRACELET  
DOES NOT JINGLE.

CONGOLESE

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SAVING MONEY

SAVE MONEY AND MONEY  
WILL SAVE YOU.

JAMAICAN

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PERSEVERANCE

EV'RY DAY FISHIN' DAY,  
BUT NO EV'RY DAY  
CATCH FISH.

BAHAMIAN

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CRITICISM

BEFORE HEALING  
OTHERS, HEAL THYSELF.

WOLOF

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JUDGING CHARACTER

YOU SHAKE A MAN HAN',  
YOU NO SHAKE HIM  
HEART.

BAHAMIAN

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ADAPTABILITY

AN EMPTY SACK CAN'T  
STAND UP; A FULL SACK  
CANNOT BEND.

GRENADIAN

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## APPRECIATION

THE ONE BEING CARRIED  
DOES NOT REALIZE HOW  
FAR AWAY THE TOWN IS.

## NIGERIAN



# 12 BLACK PEARLS OF WISDOM FROM AFRICA & THE CARIBBEAN

Read Black Pearls, daily Meditations, Affirmations and Inspirations for African-Americans, by Eric V. Copage. Author of Kwanzaa: An African-American Celebration of Culture and Cooking, for 365 daily inspiring sayings and practical advice that stemmed specifically from our people and heritage.

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